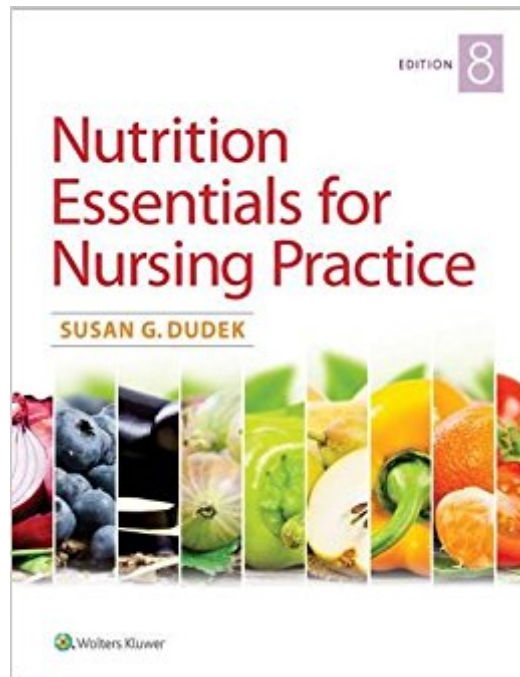




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Nutrition Essentials For Nursing Practice



Synopsis

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A strong foundation in nutrition is essential for effective nursing practice. Reflecting the latest evidence-based practice and nutrition recommendations, this eighth edition of Susan Dudek's highly respected text maintains its focus on all steps of the nursing care process, from assessment and nursing diagnoses to implementation and evaluation. Highlights of the eighth edition:

- New! Unfolding case studies use real-life scenarios to build critical thinking skills by asking students to apply theory to nutrition issues.
- A revised Chapter 1, Nutrition in Health and Healthcare, explains the role of nutrition in chronic disease prevention, the interdisciplinary nature of nutrition care, and how technology is affecting the future of nutrition.
- Updated content includes the 2015-2020 Dietary Guidelines for Americans and its companion MyPlate, use of "eating patterns" in place of "diet" to connote lifestyle rather than a therapeutic approach, and inclusion of the newly revised Nutrition Facts label to be implemented for most packaged foods by 2018.
- New topics include antibiotics in the food supply, new guidelines for the provision of enteral and parenteral nutrition support, and proposed changes in how malnutrition is defined.
- An increased focus on obesity prevention and treatment includes lifestyle modification, medication, and bariatric surgery.
- Built-in learning aids, include chapter-opening Check Your Knowledge questions, key terms defined in the margins, at-a-glance Nursing Process tables, chapter-ending Key Concepts summaries, and How Do You Respond? questions that prepare students to think on their feet in clinical practice.

Book Information

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Customer Reviews

This was a required supplement text in nursing school and I was eager to review it as I previously worked as a registered dietitian. I was disappointed in this book because I felt it really dumbed-down the nutritional information needed by professionals. I realize that the target audience for this book is nurses and not registered dietitians however I believe this book really missed the mark on giving useful medication nutritional therapy advice. Today many nurses find themselves in the position to provide some form of nutritional counseling therefore, nurses need to have better training on medical nutritional therapy. I know that the American Dietetic Association offers better books of much better quality, presentation, and usefulness. This book was also boring which was unfortunate because nutrition is a dynamic and interesting field of study.

This was a requirement for my nursing class and we didn't even read that much of it. However, the chapters I did read were interesting and insightful.

Great product!

Thank you for the prompt service. The item was just as expected. I will order from you again. I am 100% satisfied.

Great price and exactly what I needed for class. Also, it arrived faster than expected.

Didn't use

Even though this book might read like stereo instructions it was required and it was informative and it came fast so I was able to move right along with the class.

nutrition essentials book was in excellent condition. nutrition essential book was a great reference book with clear concise relevant up to date information.

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